

# Women's Resource Center

of Sarasota County, Inc.

[www.theWomensResourceCenter.org](http://www.theWomensResourceCenter.org)

## WRCS Programs

September &  
October 2010

All offices will be closed  
on the following dates:  
Sept. 3 & 6

## ABOUT OUR PROGRAMS

**Challenge:** Challenge is a program designed for the personal and professional development of women

**Peer Referral Counseling:** A Volunteer Peer Referral Counselor is a trained listener in a confidential, non-judgmental environment, who refers to WRCS services and other community resources.

**Employment & Business Success:**

Career Counseling, workshops and resources to help women reach their employment, education and business goals.

*(One on One appointments available.)*

## VENICE PROGRAMS

**Computer lab available to job seekers for resume writing, job search & career assessment. Call 485-9724 for availability.**

### New Programs/Social Events

#### How Safe is your Identity?

Oct. 20, 2-3pm: Identity theft is one of the fastest growing crimes worldwide. This seminar provides information on the many types of identity theft and how you can safeguard your good name from a world of online and offline risks. Presenter: Ann Marques. Call 485-9724 to register. \$8 non-members, \$5 members

#### Employment & Business Success

##### Employment Success Class

Sept. 7, 21, 10-11:30am, Oct. 12, 6-9pm, Oct. 26, 10-11:30am: Cutting edge tips for today's resume, interviewing skills, and job research strategies. Learn local labor market insights and trends. Presenter: Career Advisor Ania Morris, is also available for one-on-one sessions. Call 485-9724 to register. \$5

##### Career Counseling

Tuesdays & Wednesdays, 10am-4pm: WRCS Career Advisor Ania Morris is available for one-on-one appointments. Assistance with resumes, employment resources, job search, interviewing, educational & scholarship resources. Call 485-9724 to make an individual appointment. \$5

##### Ready, Set, WORD

Sept. 14, Oct. 26, 6-8pm: Word processing. Computers for Cowards or exposure to Word, a pre-requisite. Learn the tool bar, create new documents and learn formatting. Presenter: Carol Miller. Prepayment required (non-refundable). Call 485-9724 to reserve a space. \$8 non-members, \$5 members

##### Excel at EXCEL

Oct. 12, 6-8pm: Explore the challenging world of MS Excel spreadsheets. Computers for Cowards and mouse proficiency, a pre-requisite. Presenter: Carol Miller. Prepayment required (non-refundable). Call 485-9724 to reserve a space. \$8 non-members, \$5 members

*Pre-registration is required for all programs. Call 485-9724 to register.*



## VENICE PROGRAMS CONTINUED

### Computers: Internet Essentials

Sept. 21, Oct. 19, 2-4pm: All you need to know about the internet, online shopping, virus protection and more! Presenter: Debbie Cottingham. Prepayment required (non-refundable). Call 485-9724 to reserve a space. \$8 non-members, \$5 members

### Computer: PowerPoint

Sept. 28, 6-8pm: Learn the basic skills for Microsoft PowerPoint. Bring a USB Flash Drive to save your work. Presenter: Carol Miller. Prepayment required (non-refundable). Call 485-9724 to reserve a space. \$8 non-members, \$5 members

### Computer: Windows Applications

Sept. 22, Oct. 27, 6-8pm: Learn how Word, Excel, Access and Outlook email programs interact and work with each other. Prerequisite: Familiarity with one or more Windows programs. Presenter: George Alexander. Prepayment required (non-refundable). Call 485-9724 to reserve a space. \$8 non-members, \$5 members

## Finance

### Protect Your Family: Wills, Trusts, & Probate

Sept. 8, Oct. 27, 3:30-5:30pm: In these challenging times it is especially important to understand wills and probates, life insurance, 401K, trusts, creditors, and taxes. Presenters: Linda Horn, Esq., Marcella Mika, Attorney at Law. Call 485-9724 to register. \$8 non-members, \$5 members

### Divorce: Your Financial Future

Sept. 15, Oct. 21, 6-7:30pm: The facts you need before you sign away your financial future. Presenter: Freya Zollinger, CDFA. \$8 non-members, \$5 members

## Legal

### Divorce Support Group

Sept. 28, Oct. 26, 6-7:30pm: Come join other women facing similar challenges to share stories and learn new ways of coping. Presenter: Freya Zollinger, CDFA. \$5

### Have a Question? Ask a Lawyer!

Sept. 29, Oct. 19, 1-4:30pm: Individual appointment to gain information and education about the legal process. Pre-meeting discussion with a Peer Counselor is required. Presenters: Marcella Mika, Mary Ann Floyd, Attorneys at Law. \$8 non-members, \$5 members

### Divorce & The Law...Florida Divorce Laws

Sept. 21, 6-7:30pm: Things to consider when hiring an attorney, timing and logistics of the divorce process, information on child support, custody, visitation, alimony, division of assets, etc. Presenter: Marcella Mika, Attorney at Law. \$8 non-members, \$5 members

## Mind-Body-Spirit

### Peer Referral Counseling

Monday, Tuesday, Wednesday, 9am-4pm (except Sept. 6): Make an individual appointment with a Volunteer Peer Referral Counselor who is a trained listener in a confidential, non-judgmental environment, who refers to WRCSO services and other community resources. \$5

### Challenge...Design Your Life, It "IS" All About You

October 5, 6, 7, 12, 13, 14, 6-9pm: In our signature Challenge Program, we give women the tools to incorporate changes in a positive and productive way. Challenge is a program designed for the personal and professional development of women. Women of all experiences and talents benefit from this life management skills training. Facilitator: Connie Ellis. For details, call Jan Alston, Challenge Director at 366-1700 to register. \$50

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## New Venice Hours of Operation

Monday, Tuesday, Wednesday

9:00 a.m. – 5:30 p.m.

### Peer Referral Counseling

Monday, Tuesday & Wednesday by appointment

### Career Counseling

Tuesday & Wednesday by appointment

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*Pre-registration is required for all programs. Call 485-9724 to register.*

## NORTH PORT PROGRAMS

### New Programs/Social-Special Events

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#### **How Safe is your Identity?**

Sept. 23, 2-3pm: Identity theft is one of the fastest growing crimes worldwide. This seminar provides information on the many types of identity theft and how you can safeguard your good name from a world of online and offline risks. Presenter: Ann Marques. Call 429-3720 to register. \$8 non-members, \$5 members

### Employment & Business Success

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#### **Career Counseling**

Monday, Thursday, Friday, 10am-4pm (except Sept. 3 & 6): WRCSC Career Advisor Ania Morris is available for one-on-one appointments. Assistance with resumes, employment resources, job search, interviewing, educational & scholarship resources. Call 429-3720 to schedule an appointment, \$5

#### **Introduction to Computers**

Sept. 1, 15, Oct. 6, 20, Noon-2pm: Overcome computer phobia with hands-on introduction to basic computer use with Windows. Presenters: Cary Zolot & Nancy Adrian, Call 429-3720 to reserve a space, No fee

#### **Employment Success Class**

Sept. 14, 6-9pm, Sept. 27, Oct. 4, 18, 10-11:30am: Cutting edge tips for today's resume, interviewing skills, and job research strategies. Learn local labor market insights and trends. Presenter: Career Advisor Ania Morris, also available for one-on-one sessions. \$5

### Mind-Body-Spirit

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#### **Peer Referral Counseling**

Tuesdays, Wednesdays, 1-4pm: Make an individual appointment with a Volunteer Peer Referral Counselor who is a trained listener in a confidential, non-judgmental environment, who refers to WRCSC services and other community resources. Call 429-3720 to schedule a confidential appointment. \$5

#### **Challenge...Design Your Life, It "IS" All About You**

Sept. 7, 8, 9, 14, 15, 16, 6-9pm: In our signature Challenge Program, we give women the tools to incorporate changes in a positive and productive way. Challenge is a program designed for the personal and professional development of women. Women of all experiences and talents benefit from this life management skills training. For details, call Jan Alston, Challenge Director at 366-1700 to register. \$50

## ENGLEWOOD/CAPE HAZE PROGRAMS

### Mind-Body-Spirit

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#### **Peer Referral Counseling**

Thursdays, 1-4pm: Make an individual appointment with a Volunteer Peer Referral Counselor who is a trained listener in a confidential, non-judgmental environment, who refers to WRCSC services and other community resources. Call 286-3870 to schedule a confidential appointment. \$5

*Pre-registration is required for all programs. Call 485-9724 to register.*

*Girl's Night Out*

**FRIDAY**  
**SEPT. 24<sup>TH</sup>**  
 6:00 ~ 8:30 PM  
 340 S. Tuttle Avenue  
**Sarasota**  
 Free Parking

ticket includes...  
 gift bag & prizes  
 cocktails or wine  
 hors d'oeuvres  
 spa services & shopping  
 entertainment

proceeds benefit  
  
 sponsored by  


**RSVP**  
 366-1700

Get the free mobile app at  
<http://gettag.mobi>

**OPEN HOUSE**  
**OCTOBER 7<sup>TH</sup>**

**ENCORE!**  
 & more  
 Consignment Shop

1439 Main Street,  
 Sarasota  
 953-4222

Weekdays 10 to 5pm  
 Saturday 9 to 2:30pm

Store hours are subject to change for Holiday and Special Events.

Consignments by appointment only. Donations are accepted during normal business hours at The WRCSC Sarasota or Venice Campus



**Shop • Consign • Donate**

**Encore & much more !!**  
 Visit our new showroom for  
 Furniture & Rugs  
 1463 Main St., Sarasota  
 Weekdays 11 to 3pm Saturday 10 to 2:30pm



*Save the Date!*

WRCSC'S Annual Fall Gathering  
**"The Me I Want To Be"**  
 Friday, November 5, 2010

Keynote Speaker: **Jacquelyn Ferguson**  
*author, columnist, coach and speaker*

**facebook**

Find us on Facebook and become a fan of the Women's Resource Center!

**Our Mission**

Creating personal, social, and professional growth opportunities for all women, providing women with strategies for living that strengthen themselves, their families and their communities.

[www.theWomensResourceCenter.org](http://www.theWomensResourceCenter.org)

**Sarasota**  
 340 S. Tuttle Avenue  
 Sarasota, FL 34237  
 Call 366-1700 for info.

**Venice**  
 701 Center Rd.  
 Venice, FL 34285  
 Call 485-9724 for info.

**North Port**  
 North Port Health &  
 Family Services  
 6919 Outreach Way  
 North Port, FL 34287  
 Call 429-3720 for info.

**Englewood/Cape Haze**  
 United Methodist Church  
 700 E. Dearborn St.  
 Englewood, FL 34223  
 Call 286-3870 for info.