

Women's Resource Center

O F S A R A S O T A C O U N T Y

NEWS RELEASE:

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CHAPTER TWO: RECREATING YOUR LIFE AS A WIDOW

A program for widows – designed by the Women's Resource Center

SARASOTA, FL., August 25, 2008: The Women's Resource Center of Sarasota County (WRCSC) will offer women the opportunity to address the changes in their lives since becoming widowed. Entitled "Chapter Two: Recreating Your Life As A Widow," this program will be presented at The Women's Resource Center facility in Sarasota on Thursday, September 25, 2008. Running from 10:00 a.m. to 3:00 p.m., this session will examine the social, emotional and financial aspects of this profound life transition. Cost of the program is \$25 per person and includes program materials as well as a continental breakfast and lunch.

Slated for discussion are topics ranging from "How do I define myself, now that I am not part of a couple?" to "I'm on an emotional roller coaster" to "Family dynamics" to "Taking charge and stock of my financial future." Dr. L.B. Wish, a highly experienced psychologist, social worker and author, who has gained national recognition for her work with women, will facilitate the session. She will use highly interactive techniques to assist participants in moving on and taking charge of their lives.

Kathy Francoletti, Vice President of Wachovia Bank will moderate a panel exploring financial and legal issues with Kimberly Colgate, an attorney, author and a former full time law professor who is an expert in estate planning, probate administration; Alison Gardner, Vice President of Wealth Management at Smith Barney Citigroup who holds an MBA from New York University and Judith Skornicka-Schwartzbaum, Senior Vice President of Wealth Management, Senior Investment Management Consultant, Financial Planning Specialist and Portfolio Manager with Smith Barney Citigroup.

This program has received support from the Jerome & Mildred Paddock Foundation.

Reservations for the program can be made by calling (941) 366-1700. The Women's Resource Center is located at 340 South Tuttle Avenue, Sarasota.